

2009



White Pumpkin 5K

White Chiropractic Health Care  
is proud to sponsor the sixth annual  
White Pumpkin 5k Run & Walk  
Thursday, October 1, 2009 at 6:00 p.m.

Location: Highland Pines School (behind the Tuscola County ISD), M-24 (Cleaver Road) Caro, Michigan

Course: Well-marked, paved course.

Facilities: Restrooms only. Come dressed to run.

Refreshments: Water and fruit will be available at the finish of the race.

Information: Linda Jobson or Mark White, DC (989) 673-4241

Fee: Pre-registration, before September 16, 2009 - \$12.00 Late Registration - \$15.00  
Entry fee includes t-shirt, which cannot be guaranteed to late entrants.

Results: Results will be posted on race day and at [www.barc-mi.com](http://www.barc-mi.com) and [www.runmichigan.com](http://www.runmichigan.com)

Awards: Top 2 finishers, male & female in each age division of the run, top 3 overall finishers in the walk.

Divisions: 14 and under 15-19 20-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60 and over

Registration: Race day registration begins at 4:00 pm.

Mail to: Make checks payable to the Tuscola County Pumpkin Festival and mail to:  
White Chiropractic Health Care  
PO Box 298  
Caro, MI 48723-0298

Event entered	5K Run	5K Walk
Last Name _____	First _____	M.I. _____
Birth Date ____/____/____	Age on Race Day _____	Sex M _____ F _____
Address _____		
City _____	State _____	Zip _____
Phone (____) _____	Shirt Size	Small _____ Med _____ Large _____ XL _____ XXL (add \$2) _____

In consideration of the acceptance of my entry, I for myself, my executors, administrators and assignees, do hereby release and discharge Tuscola County Pumpkin Festival, White Chiropractic Health Care, and any other sponsors, for all claims of damages or actions whatsoever in any manner arising or growing out of my participation in said athletic event. I attest and verify that I fully acknowledge of all risks (road conditions, traffic, contact with other participants, weather conditions, etc.) involved in this event and I am physically fit and sufficiently trained to participate in this event.

SIGNATURE REQUIRED (PARENT IF PARTICIPANT IS A MINOR)

DATE